

CYRENA

Informed Consent Form — Smoothing Treatments

Nanoplasty, Keratin, Organic Straightening, Permanent & Hair Botox **Risk level: High**

Services Covered

This consent form applies to: Nanoplasty Hair Reconstruction · Keratin Smoothing Treatment · Permanent Straightening · Organic Hair Straightening · Hair Botox Treatment · Scalp Purifying Treatment · Gloss Finishing Treatment.

What to Expect

Smoothing treatments involve the application of professional-grade chemical or protein-based formulas to the hair shaft to reduce frizz, relax curl pattern, or permanently alter the hair's structure. Sessions range from 2 to 5 hours and require post-treatment care to maximise results.

Important: A personalised consultation with your Cyrena stylist is required before booking a smoothing treatment. Pricing is confirmed after assessing hair length, density, and chemical history.

Risks & Considerations

Smoothing treatments are high-impact chemical services. Please read all risks carefully:

- Keratin & Permanent Straightening: contain chemical agents that alter the hair's internal bond structure. Not suitable during pregnancy.
- Nanoplasty: formalin-free and amino acid-based — a safer alternative, but still a chemical treatment. Patch test may be recommended.
- Organic Straightening: formaldehyde-free and plant-derived. Safe for pregnancy (after first trimester) and clients aged 12+.
- Hair Botox: deep conditioning only — does not alter curl pattern. Suitable for most hair types including colour-treated hair.
- Permanent Straightening: results are irreversible until new growth appears. Hair must not be coloured for at least 2 weeks before or after.
- All treatments: scalp sensitivity, tingling, or mild redness during application is normal. Notify therapist of any burning sensation immediately.
- Result variation: outcome depends heavily on hair's existing chemical history and condition. Results are not guaranteed to match reference images.

Hair & Health History

Health & Skin Question	Yes	No	If yes, please detail
Are you currently pregnant or breastfeeding?	☐ Yes	☐ No	Details: _____ —
Has your hair been chemically straightened, relaxed, or permed previously?	☐ Yes	☐ No	Details: _____ —
Has your hair been bleached or highlighted in the last 3 months?	☐ Yes	☐ No	Details: _____ —
Have you had a keratin or smoothing treatment in the last 6 months?	☐ Yes	☐ No	Details: _____ —
Do you have a known allergy to chemical hair products or formaldehyde?	☐ Yes	☐ No	Details: _____ —
Do you have any scalp conditions (psoriasis, seborrheic dermatitis, open sores)?	☐ Yes	☐ No	Details: _____ —
Have you experienced hair breakage or significant damage in the last 6 months?	☐ Yes	☐ No	Details: _____ —
Are you taking medication that may affect hair health or chemical processing (e.g. chemotherapy, hormone therapy)?	☐ Yes	☐ No	Details: _____ —
Have you coloured your hair in the last 2 weeks?	☐ Yes	☐ No	Details: _____ —

Service Confirmation

Based on your consultation, the following service has been agreed:

Field	Detail
Service selected	_____
Hair length & density	_____
Quoted price (AUD)	_____
Estimated duration	_____
Stylist	_____

Aftercare Acknowledgement

- Do not wash, wet, tie, or clip hair for 72 hours post-treatment (specific instructions may vary by product).

- Use only sulphate-free, sodium chloride-free shampoo and conditioner.
- Avoid swimming pools, saunas, and salt water for at least 2 weeks.
- Do not colour or chemically treat hair for a minimum of 2 weeks post-treatment.
- Use the post-treatment care products recommended by your stylist.
- Results typically last 2–5 months depending on hair type, maintenance, and the treatment selected.

Photography & Social Media Consent

Cyrena Collective may wish to photograph or video the results of your service for use on our website, Instagram, and other marketing channels. This is always optional and your service will never be affected by your decision.

I consent to Cyrena Collective photographing/filming my results and using these images on social media and marketing materials. I understand my face may or may not be included, and I can withdraw this consent at any time.

I consent to photography of results only (e.g. hair, nails, lashes) — no face, no identifying features.

I do not consent to any photography or use of my image for marketing purposes.

CLIENT DECLARATION & SIGNATURE

I confirm that the information provided above is accurate and complete to the best of my knowledge. I understand the nature of the service(s) to be performed, the associated risks, and the aftercare requirements. I consent to the treatment proceeding on this basis.

This consent must be signed before every smoothing treatment appointment, as hair condition and history may change between visits.

Client full name: _____

Date of birth: _____ **Date of consent:** _____

Signature: _____

Therapist: _____